

# Why Preregister?

Benefits of planning your recovery  
**before surgery.**



LifeWorks Rehab®



# Jump-Start Your Recovery

Learn the whys and the hows of pre-registering for your post-surgery recovery.

Many people know what to do when planning for surgery, but planning for your recovery isn't always as clear. But it's every bit as important. It can mean the difference between getting back home fast and healthy, or finding yourself with lingering injuries and even re-hospitalization.

Planning ahead and pre-registering is one of the best moves you can make to jump-start your recovery.

Here's how to get started!



## Top 5 Reasons to Pre-Register

### 1 GET TO KNOW US

You'll have time to call us to speak with an expert and hear what it's like to recover at one of our centers and ask any questions.

### 2 DECIDE AT YOUR PACE

You'll have plenty of time to make the best choice for *you* without rushing to decide.

### 3 UNDERSTAND YOUR BENEFITS

You'll know exactly what's covered, with no surprises later on.

### 4 KNOW WHAT TO DO

You'll better understand what you can be doing to start preparing for your recovery right now.

### 5 ACHIEVE PEACE OF MIND

You'll be able to focus 100% on your recovery, knowing everything's in place and waiting for you.

# Pre-Registration Timeline

A step-by-step guide to planning your recovery and pre-registering for your rehabilitation.



## **Step 1: Learn about your local centers.**

As soon as you know you'll be needing surgery, start thinking ahead to your recovery. Talk to your physician and friends and family. The choice of where you recover is yours – take your time and choose the option that's best for your needs.

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## **Step 2: Get answers to your questions.**

Make a list of questions and call to speak with an expert at your local center. Ask lots of questions about the facilities, course of treatment, where you'll be staying and more. This is a great time to talk about benefits, too, and make sure you know exactly what's covered.

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## **Step 3: Make an informed decision.**

Once you know your options, you're ready to make a choice. Talk directly with your recovery team so they'll know your surgery date and can prepare for your stay. You can have all paperwork filled out ahead of time, too so everything will be ready and waiting for you!

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## **Step 4: Focus on your recovery and getting back home fast!**

This is what pre-registering is all about — making solid plans ahead of time, too, so you can focus fully on what's more important: making a complete recovery and getting back to your life and the things you enjoy most.



## The LifeWorks Rehab Difference

Clinically developed to get you home faster, stronger, and healthier than ever



7-days-a-week therapy



Clinically proven therapy programs



Back home fast, strong & healthy



Unique recovery tools



World-class disinfecting

Learn more about LifeWorks Rehab at  
[MyLifeWorksRehab.com](https://MyLifeWorksRehab.com)

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